



THE BLACK SEAL

KITCHEN & BAR

Starters

V GF SPICY FALAFAL	£6.95
<i>Served with dressed leaves and tzatziki</i>	
VGF BAKED GOATS CHEESE	£7.25
<i>Topped with honey roast figs</i>	
G? BERMUDA STYLE FISH CHOWDER	£7.95
<i>White fish, onions, garlic, root vegetables, potatoes, tomatoes served in a homemade bread boule and laced with black seal rum and sherry peppers at your table.</i>	
V G? HOMEMADE SOUP OF THE DAY	£5.75
<i>Served with fresh bloomer</i>	
G? CHICKEN BREAST FILLETS	£6.95
<i>Tikka spices, asian slaw, garlic and cucumber dip</i>	
G? SMOKED MACKEREL PATE	£6.50
<i>Horseradish cream & toasted ciabatta</i>	
G? PRAWN AND CRAYFISH SALAD	£7.95
<i>With homemade thousand island dressing and brown bloomer</i>	
G? MENAI MUSSELS (not always available, please check with your server)	£7.95
<i>With crusty bread - classic mariniere or Smoked bacon, chorizo, garlic, white wine and tomatoes</i>	
GF PAN SEARED SCALLOPS	£11.95
<i>With sweet potato purée, chorizo and prosciutto crumb</i>	

Mains

G? SEAFOOD LINGUINE	£16.95
<i>Menai mussels, squid, clams, king prawns, white wine, garlic tomatoes, fresh herbs served with a side of garlic ciabatta</i>	
GF WELSH LAMB SHANK	£16.95
<i>8 hour braised Welsh lamb shank bourguignonne red wine, smoked bacon, baby onions and mushrooms over creamy mash</i>	
G? FRESH BEER BATTERED HADDOCK	£13.95
<i>Chunky chips, mushy peas and tartare sauce</i>	
BAKED SALMON WELLINGTON	£16.95
<i>Shallots, sun dried tomatoes, garlic, white wine and cream, served with new potatoes and sautéed vegetables.</i>	
G? DRESSED ANGLESEY CRAB SALAD (when available)	£16.95
<i>French fries, asian slaw, marie rose and brown bloomer</i>	
GF FRESH FILLET OF SEABASS	£17.50
<i>With warm citrus salsa, crushed new potatoes, fresh vegetables</i>	

G? MENAI MUSSELS (not always available, please check with your server)	£15.95
<i>With crusty bread & french fries - classic mariniere or smoked bacon, chorizo, garlic, white wine and tomatoes</i>	
GF FRESH TENDERLOIN OF PORK	£14.95
<i>Served on a creamy mash with a reduction of cider, balsamic vinegar and honey, pomegranate, mint and coriander salsa.</i>	
GF FRESH CHICKEN BREAST	£13.95
<i>With chorizo, spinach, cream cheese and smoked paprika sauce, crushed new potatoes</i>	
G? FRESH FILLET OF HAKE	£16.95
<i>Thai green curry spices, onions, peppers, baby corn, mange tout and coconut milk, rice and poppadom</i>	
G? CHICKEN CARBONARA	£13.95
<i>Fresh chicken breast, pancetta, shallots, garlic, mushrooms, white wine and cream, served over fettuccine with garlic ciabatta.</i>	

SMALL PLATES

Small plates are similar to tapas. Order a couple each and add some fries, patatas bravas, sweet potato fries, chunky chips or salad and enjoy! Alternatively order any 3 for £15.95 and we'll include a salad or fries.

G?V HUMMUS with harissa snap bread	£3.95
GF SAUTÉED BABY CHORIZO AND HONEY	£5.95
G? CHICKEN WINGS WITH FRANKS ORIGINAL HOT SAUCE	£4.95
<i>with garlic and cucumber yoghurt</i>	
G?V NACHOS with mozzarella, red onion, peppers and tomatoes	£4.95
- ADD CHILLI OR BBQ PORK	£5.95
GF OLIVES AND PARMA HAM	£5.95
BEEF, PORK AND SAGE MEATBALLS with tomato & basil sauce	£6.50
G? SALT AND PEPPER SQUID WITH LEMON AIOLI	£5.95
GF PIRI PIRI CHICKEN STRIPS with sesame and spring onion	£5.95
BAKED GOATS CHEESE topped with honey roasted figs	£6.25
TERIYAKI BEEF STRIPS with chillies	£6.50
STICKY BABY BACK PORK RIBS with thai honey glaze	£5.95
WELSH LAMB KOFTA with tzatziki	£5.95

Nibbles

WARM BREADS	£5.50
GF MARINATED OLIVES	£3.95
G? HUMMUS	£3.95
<i>With harissa snap bread</i>	
G? GARLIC FLAT BREAD	£5.95
G? GARLIC AND MOZZARELLA FLATBREAD	£6.95
STICKY BABY BACK PORK RIBS	REG £6.95 LG £12.95
G? CHICKEN WINGS	REG £6.95 LG £12.95
<i>With Frank's original hot sauce and garlic and cucumber yoghurt</i>	
WINGS AND RIBS COMBO	REG £6.95 LG £12.95
G?V NACHOS	REG £5.95 LG £8.95
<i>topped with mozzarella, red onion, peppers and tomatoes served with sour cream, salsa and guacamole</i>	
Add homemade beef chilli or bbq pulled pork £3.00	

SUNDAY LUNCH

Why not join us for Sunday Lunch

Choice of 3 roast meats or a slice of each, roasties, fresh vegetables, new potatoes, Yorkshire pudding and pan gravy.

Served from 12 until it's sold out.

Vegan

GF SPICY FALAFAL	£6.95
<i>Served with dressed leaves and tzatziki</i>	
GF NACHOS TOPPED WITH VIOLIFE "CHEESE"	REG £5.95 LG £8.95
<i>With red onions, peppers, tomatoes, served with guacamole and salsa</i>	
ADD FIVE BEAN CHILLI	£3.00
GF FIVE BEAN CHILLI TOPPED WITH VIOLIFE "CHEESE"	£10.95
<i>With rice, guacamole and salsa</i>	
GF SWEET POTATO SKINS	£11.95
<i>Filled with a red onion, garlic, chilli and smoked paprika cous cous, served with dressed salad crusty bread</i>	
GF THAI GREEN CHICK PEA AND VEGETABLE CURRY	£11.95
<i>With coconut milk, rice and poppadom</i>	
GF PIZZA MARGHERITA	£10.95
<i>Tomatoes, violife "cheese" and basil</i>	
<i>- add extra toppings to create your perfect vegan pizza.</i>	
G? OUR HOMEMADE MOROCCAN SPICED VEGAN BURGER	£11.95
<i>Mashed chickpea and sweet potatoes combined with onions, peppers, mushrooms, carrots and coriander</i>	
GF MEDITERRANEAN SALAD	£12.95
<i>Dressed leaves, olives, tomatoes, red onion, cucumber and figs, topped with spicy falafel</i>	

Vegetarian Dishes are marked **V**. Dishes that are naturally Gluten Free are marked **GF**. Dishes with a Gluten Free option are marked **G?**. Vegan Dishes are marked **VG**. If you have any allergies or questions about our menu please inform your server before ordering. Nuts and grains are present in our kitchen and fish may contain small bones.

• 01407 860008 • The Black Seal, Trearddur Bay, Anglesey LL65 2UP • www.theblackseal.co.uk • Follow us on Twitter • Like us on Facebook • blackseal1 •

Steaks

Rump & Ribeye steaks come from Anglesey farms and are cut at 10oz and served with, onion rings, flat cap mushroom, roasted tomato, chunky chips, dressed rocket and your choice of peppercorn, creamy garlic and mushroom sauces.

RUMP	£19.95
RIBEYE	£22.95

BURGERS

Our butcher, Raymond Jones of Holyhead, prepares all our burgers from the finest local meats to our recipes.

They are served on toasted brioche bun with chunky chips, asian slaw and salad.

8OZ FINEST WELSH BLACK BEEF BURGER	£11.95
G? CHICKEN BREAST BURGER <i>With smoked paprika and piri piri mayo</i>	£12.95
BLACK SEAL BURGER <i>8oz finest welsh black beef burger with welsh cheddar, short back bacon and caramelised red onion</i>	£13.95

PIZZA

Our pizza dough is made in house to a traditional Neapolitan recipe, rolled thin to order and baked in our wood fired oven. A gluten free dough is available.

V MARGHERITA <i>Tomato, mozzarella and basil</i>	£10.95
BLACK SEAL <i>Pesto, creme fraiche, mozzarella, smoked salmon, prawns, mussels and rocket</i>	£12.95
RAVELLO <i>Tomato, mozzarella, ham, mushrooms, red onion and basil</i>	£11.95
V VEGGIE REGGIE <i>Tomato, mozzarella, blue cheese, spinach, sundried tomato, red onion, olives</i>	£11.95
MILD AND MEATY <i>Tomato, mozzarella, chicken, ham, smoked sausage, red onions and peppers</i>	£12.95
PHILLY HOT <i>Tomato, mozzarella, pepperoni, chorizo, smoked sausage, salami, jalapeno and chilli flakes</i>	£12.95
PESTO CHICKEN <i>Tomato & pesto sauces, mozzarella, chicken, mushrooms, buffalo mozzarella, rocket, balsamic glaze</i>	£12.95
V FIGGY CHEESE <i>Tomatoes, mozzarella, caramelized red onion, figs, pomegranate & brie</i>	£12.95

Salads

G? HOT SMOKED SALMON £15.95 <i>Fresh dressed leaves, mint, pomegranate, tomatoes, red onion and peppers topped with a salmon fillet which we've rubbed with a combination of muscovado sugar, paprika, lime zest and dried basil we then hot smoke them over oak chips</i>	G? CAJUN CHICKEN CAESAR <i>With romaine lettuce, bacon lardons and croutons</i> REG £8.95 LG £12.95	V GF MEDITERRANEAN SALAD £11.95 <i>A dressed salad of mixed leaves, olives, tomatoes, red onion, cucumber & figs, topped with spicy falafel</i>
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CHILDREN'S MEALS

G? WOOD FIRED CHEESE AND TOMATO PIZZA £6.95	CHICKEN BREAST CHUNKS £7.50 <i>With french fries and peas or beans</i>
4OZ WELSH BLACK BEEF BURGER £6.50 <i>With french fries, and beans or peas</i>	G? SOUP OF THE DAY WITH HAM OR CHEESE SANDWICH £5.50
G? HADDOCK WITH CHUNKY CHIPS AND PEAS £7.50	G? FRESH CHICKEN BREAST <i>With mash, fresh vegetables & gravy</i> £6.95
LINGUINE WITH HOMEMADE TOMATO SAUCE AND CHEESE £4.95	HOTDOG <i>With french fries and peas or beans</i> £5.95
ADD HOMEMADE MEATBALLS £6.50	

CHILDREN'S DESSERTS

G? WARM CHOCOLATE BROWNIE £3.95 <i>With chocolate sauce and vanilla ice cream</i>	BELGIAN STYLE WAFFLE £4.95 <i>With ice cream and toffee sauce</i>	G? ICE CREAM £2.50 PER SCOOP <i>Please ask you server for current selection</i>
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Sandwiches

Sandwiches are served on white or whole wheat bloomer with salad garnish and asian coleslaw.

Gluten free bread available.

Add a small portion of chips or sweet potato fries to your sandwich for just £2.50 Available at lunchtimes only.

G? TUNA MAYONNAISE <i>with cucumber and rocket</i>	£7.25
G? PRAWN & CRAYFISH	£8.95
V G? CHEESE & ONION <i>Mature welsh cheddar, red onion with spiced apple chutney</i>	£7.50
G? STEAK, ONION & MUSHROOM	£8.95
G? HAM & TOMATO <i>Honey roast gammon ham with tomato</i>	£7.50
G? BACON, BRIE & CRANBERRY	£7.95
G? OUR VERSION OF CORONATION CHICKEN <i>Chicken breast with tikka spices, grated cucumber garlic and greek style yogurt</i>	£7.95
PULLED PORK CIABATTA <i>with our own BBQ sauce</i>	£8.95

SIDES

V G? CHUNKY CHIPS	£3.50
V G? FRENCH FRIES	£3.50
V G? SWEET POTATO FRIES	£3.95
V GF DRESSED SALAD	£3.50
V ASIAN COLESLAW	£1.95
G? PARMESAN FRIES	£4.25
V G? PATATAS BRAVAS	£4.95
V GF PEPPERCORN SAUCE	£1.95
V G? CREAMY GARLIC AND MUSHROOM SAUCE	£1.95
V G? SEASONAL VEGETABLES	£3.50

Desserts

V CHOCOLATE FONDANT £6.50 <i>Baked in our wood fired oven with a soft centre with raspberry caramel and clotted cream ice cream. These are baked fresh and take approx. 12 minutes</i>	V G? MIXED BERRY CREME BRÛLÉE £5.95 <i>Served with custard</i>
V G? STICKY TOFFEE PUDDING £6.95 <i>With custard or ice cream</i>	V G? SELECTION OF WELSH CHEESE WITH FRUIT, CRACKERS AND CHUTNEY £7.95
VG V GF CHOCOLATE CHERRY & ALMOND PARFAIT £6.95 <i>with ice cream or custard</i>	G? A SELECTION OF LOCAL ICE CREAMS AND SORBET <i>Price per scoop</i> £2.50 <i>Please ask you server for current selection</i>
V GF HOMEMADE LEMON AND LIME CHEESECAKE £6.50 <i>On a ginger biscuit base with a citrus dressing</i>	

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